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SAILING INSTRUCTIONS

INTRODUCTION

The Sailing Instructions that our members are to adhere to when racing should promote a safe environment and one where good sportsmanship always prevails.

Members, Volunteers and Other Sailors participating in and supporting our racing events are required to understand the basic rules of racing to promote our safety while providing enjoyment to participants.

SAILING & RACING CALENDAR

Our sailing season commences in October and ends in May, with sailing held every Saturday.

Regularly refer to our club website PBYC.org.au to view our Racing Calendar as it is subject to update and change. There will be several weekends throughout the season where we will sail back-to-back races in the afternoon. A Xmas break of approximately 3 weeks will apply. Some weekends that have public holidays will be considered as a social sailing event. All fleets will have a separate Championship series consisting of 7 races, a second series will be raced known as the sprint series this allows for visiting boats from other clubs to attend and compete with pbyc sailors, all other race days will be handicap racing.

DUTY ROSTER

All sailors competing in the racing series will be required to help on rescue and/or start boat duties at least once during the season. The duty roster is designed to keep as many sailors on the water as possible particularly during their respective fleet championship series heat. The club registrar will contact you to confirm your attendance during the week leading up to your rostered day. If you are unable to attend, please make arrangements to have a reserve fill your duty as soon as possible.

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1. RULES

1.1. All races will be governed by the 'rules' as defined in the Racing Rules of Sailing (Yachting Association of Western Australia) and special regulations of Australian Sailing. A copy of these rules are held in our club house. *See supplementary note 1.

2. ENTRIES

- **2.1** A yacht will be eligible to race if:
 - The appropriate race day fee has been paid to PBYC, the race day entry sheet fully completed indicating the sailor(s) full name, skipper signature, crew name, boat name and sail number.
 - Skippers and crews to have attended the pre-race briefing at approximately 12.30pm.
 - If a change in skipper or crew has been approved by the Officer of the Day − Rear Commodore (or Club Commodore) 15 minutes before the fleet race start and □
 Each skipper and crew must wear an approved Personal Flotation Device (PFD).
 - **2.2** All skippers and crew must be financial members of PBYC unless:
 - Dispensation has been granted by the Officer of Day Rear Commodore (or Club Commodore).
 - The skipper and/or crew is competing at the invitation of PBYC *See supplementary note 2.
 - **2.3** All Racing participants (members and visiting boats) must have their own current personal boat insurance policy with racing cover to be eligible to race in a PBYC scheduled event. Insurance policies must be sighted by the Commodore or one of his/her representatives.

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3. RACING AREA & COURSE

- **3.1** The race area generally comprises the estuary in proximity to the eastern PBYC foreshore.
- **3.2** The course will be set by the Duty Officer according to the prevailing weather conditions on the day.
- **3.3** During Racing no yachts are to enter the Dawesville Channel, it is considered an obstacle. If a Yacht enters the Dawesville Channel it must not sail further than in-line with the PBYC club house before returning to safe water. Exemptions to this rule is applied for the outrigger club canoes while they are racing or training.
- **3.4** The race(s) will be abandoned or postponed due to adverse weather conditions as determined by the Duty Officer.
- **3.5** Class and advisory flags including numerical flags, and their intended use will be advised at the pre-race briefing. Diagrams of typical Race Signal Flags are on display in the club house on the notice board.
- 3.6 Race rescue/support craft will display the appropriate flag and have always right of way.
- **3.7** Diagrams of set courses and marks are available on the club notice board, Sailors should learn and understand the different courses and the numerical pennant associated to each specific course.

4. RACE START

- **4.1** No race signals will be made from shore.
- **4.2** Start line will be between the race committee boat and the designated orange/red flag buoy set by the Duty Officer at the pre-race briefing. If separate fleet and split line starts are required, this will also be advised during the pre-race briefing.
- **4.3** No yacht will start 5 minutes after the final starting signal and all yachts are to be off the water by 5pm (1700).
- 4.4 Boats must finish within 20 minutes of their class winner or be recorded as Did Not Finish.





4.5 Races will be started from our on water Race Committee Boat and comprise a combination of sound and flag signals in accordance with Rule 46 as follows (unless varied by the Duty Officer on the day at the pre-race briefing). *See supplementary note 3.

When split fleet starts are required the following class will start their 5 min sequence when the previous fleet has started their race.

SIGNAL	FLAG AND SOUND	MINUTES TO START
Postponed	AP Flag down on-station flag up (Orange or red)	Before the 5min start sequence the AP flag will drop and the on-station (Orange or Red) flag will be raised. It is at the discretion of the race officer when he/she will commence the 5 min starting sequence from that point.
	1 long sound	
Warning	Class flag 1 sound	5 minutes
Preparatory		4 minutes
	1 sound	
One minute flag removed	1 sound	1 minute
Starting	Class flag removed	Start
	1 long sound	5 minutes to start second division
	Next Division Class Flag	

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5. RACE FINISH

- **5.1** Finishing line will be between the committee boat and the pin end mark inside the legs of the course.
- **5.2** Yachts completing the course by crossing the finishing line are to leave the area immediately.
- **5.3** Race results will be recorded by a person on-water as designated by the Duty Officer.
- **5.4** All yachts that retire will be classed as Did Not Finish (DNF)

6. PROTESTS

- 6.1 Protests are to be avoided whenever possible if you know you are in the wrong and have infringed during a race please take your penalty turns so we can all move on. Rule 44.1 &
 44.2 will apply however catamarans need only complete a 360-degree turn including one tack and one gybe.
- **6.2** Any formal protests must be registered with the Designated Finish Line Representative via a completed PYBC protest form lodged within 30 minutes after the last (of your class) yachts has finished the last race of the day.
- **6.3** All sailors are to be honest and fair when advising the mediator about a protest incident.
- **6.4** A mediator will consider the advice of one representative of each yacht involved with a protest and make one of the following conclusions regarding the incident:
 - The protest does not comply with Rule 61and the protestor may withdraw the protest.
 - The protest will proceed to a hearing.
 - No infringement occurred and the protestor may withdraw the protest.
 - An infringement has occurred, and the mediator will determine a corrective action.
 - No conclusion made by the mediator will be subject to appeal nor be grounds for redress.

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7. SCORING SYSTEMS

- **7.1** The Low Point scoring system will be used for all races
- **7.2** The first boat across the line gets 1 point, the second 2 points, the third gets 3 and so on
- **7.3** For boats who are entered but did not start (cross the start line legally) (DNS), did not finish (DNF) or were disqualified (DSQ), they will be given scores equal to the number of boats in the race + 1 point.
- **7.4** Our Mono hull mixed fleet championship, flying fifteen Fleet Championship and Mixed Fleet Catamaran Championship will consist of 7 heats with 1 drop.
- **7.5** If a club race(s) is/are cancelled due to poor weather or other reasons, all actual race results (for the season) for each yacht will be added together to a total. As all races for the season have not been held no (worst) single race score will be dropped.
- **7.6** If a race is not held due to poor wind/weather or other conditions the Race Officer has the authority to postpone the club championship race by one week only.
- **7.7** The Duty Officer will allocate points accordingly at the end of each days racing.
- 7.8 The Duty Officer will also calculate handicap results at the end of the days racing.
- 7.9 Results will be updated on our web site www.pbyc.org.au

8. HANDICAPPING

- **8.1** Australian Sailing Yardsticks/rating (current) will be used to calculate handicaps for mixed fleet racing, this will allow yachts of different classes/ratings to compete fairly against each other.
- **8.2** An Australian Sailing rating will be given to each class of boat.
- **8.3** If a yacht enters our club sailing races after the initial 3 races it will be awarded a provisional handicap based on the average of all other yachts handicaps.
- **8.4** Personal Handicap (Back Calculated ratings) will be carried over from season to season unless the competitor is sailing a different type of boat in that fleet, in such cases the competitor will receive the Australian Sailing rated handicap for that new boat. (this will generally adjust based on results from 3 completed races)

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9. AUSTRALIAN SAILING MEMBERSHIP

- **9.1** Members should consult Rules 46 Person In Charge (on board a yacht) and 75 Entering A Race of the Australian Sailing 2017-2020 Blue e-Book racing Rules of Sailing.
- **9.2** Australian Sailing prescribes that a Person in Charge (of a yacht) will be a member of a Club affiliated with Australian Sailing. In addition, Rule 46 also prescribes that "any crew member who sails in more than 3 races in a season will be a member of a club affiliated to Australian Sailing and be an Australian Sailing Card Holder".
- **9.3** Australian Sailing Rule 75 requires that to enter a race, a yacht shall comply with the requirements of the organising authority of the race (PBYC) who is affiliated with a World Sailing member national authority (read in our case as Sailing Australia)
- 9.4 Members please note that as Australian Sailing is currently contemplating changes to Rules 46& 75 your Committee is awaiting further advice on these rule changes and confirmation of our affiliation with Sailing Australia. You will be further updated when information is to hand.

10. RIGHT TO USE NAME & LIKENESS

- **10.1** Members and Competitors automatically grant to the organizing authority (PBYC) without payment the right in perpetuity to make, use and show any text, motion pictures, video and still pictures, as well as live, taped or filmed television of, or relating to any event upon signing the entry form.
- 11 Set Courses (attachment)
- 12 Signal Flags (attachment)

Supplementary Notes

Supplementary Note 1 -

FUNDAMENTAL RULES

1. SAFETY

1.1 Helping Those in Danger

A boat, competitor or support person shall give all possible help to any person or vessel in danger.

1.2 Life-Saving Equipment and Personal Flotation Devices A boat shall carry adequate life-saving equipment for all persons on board, including one item ready for immediate use, unless her class rules make some other provision. Each competitor is

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individually responsible for wearing a personal flotation device adequate for the conditions.

Refer to the Australian Sailing prescription to rule 47

2. FAIR SAILING

A boat and her owner shall compete in compliance with recognised principles of sportsmanship and fair play. A boat may be penalised under this rule only if it is clearly established that these principles have been violated. The penalty shall be a disqualification that is not excludable.

3. DECISION TO RACE

The responsibility for a boat's decision to participate in a race or to continue racing is theirs alone.

4. ACCEPTANCE OF THE RULES

- 4.1 (a) By participating or intending to participate in an event conducted under the rules, each competitor and boat owner agrees to accept the rules.
- (b) A support person by providing support, or a parent or guardian by permitting their child to enter an event, agrees to accept the rules.
- 4.2 Each competitor and boat owner agrees, on behalf of their support persons, that such support persons are bound by the rules.
- 4.3 Acceptance of the rules includes agreement
- (a) to be governed by the rules;
- (b) to accept the penalties imposed and other action takenunder the rules, subject to the appeal and review procedures provided in them, as the final determination of any matter arising under the rules;
- (c) with respect to any such determination, not to resort to anycourt of law or tribunal not provided for in the rules; and (d) by each competitor and boat owner to ensure that their support persons are aware of the rules.
 - 4.4 The person in charge of each boat shall ensure that all competitors in the crew and the boat's owner are aware of their responsibilities under this rule.
 - 4.5 This rule may be changed by a prescription of the national authority of the venue.

5. RULES GOVERNING ORGANIZING AUTHORITIES

AND OFFICIALS

The organising authority, race committee, technical committee, protest committee and other race officials shall be governed by the rules in the conduct and judging of the event.

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6. WORLD SAILING REGULATIONS

6.1 Each competitor, boat owner and support person shall comply with the World Sailing Regulations that have been designated by World Sailing as having the status of a rule. These regulations as of 30 June 2020 are the World Sailing:

- Advertising Code
- Anti-Doping Code
- Betting and Anti-Corruption Code
- Disciplinary Code
- Eligibility Code
- Sailor Categorisation Code

The national authority procedural rules required by World Sailing Regulations to implement the World Anti-Doping Code through the Regulations are set out in the Australian Sailing Anti-Doping Policy as published on the Australian Sailing website.

When the right to display advertising on a boat is subject to prior authorisation by the national authority in accordance with the Regulations, the approval of Australian Sailing is automatically granted provided that such advertising is permitted by the relevant rules of the class, rating system or handicapping system. When the person in charge of a boat chooses to display Advertising, Australian Sailing will not impose a fee as permitted by the Regulations.

6.2 Rule 63.1 does not apply unless protests are permitted in the Regulation alleged to have been broken.

Supplementary Note 2 –

Rule 46 - PERSON IN CHARGE

A boat shall have on board a person in charge designated by the member or organisation that entered the boat. See rule 75. Australian Sailing prescribes that, from 1st January 2022, all persons on board a boat while racing shall be members of a Club affiliated to Australian Sailing and have an Australian Sailing number, or hold a valid Sail Pass, or if an international competitor, be a member of club affiliated to a World Sailing recognised Member National Authority.

Rule 75 - ENTERING AN EVENT

To enter an event, a boat shall comply with the requirements of the organising authority of the event. She shall be entered by

- (a) a member of a club or other organisation affiliated to a World Sailing member national authority,
- (b) such a club or organisation, or
- (c) a member of a World Sailing member national authority.

Supplementary Note 3 -

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25. CONDUCT OF A RACE

NOTICE OF RACE, SAILING INSTRUCTIONS AND SIGNALS

25.1 The notice of race shall be made available to each boat that enters an event before she enters. The sailing instructions shall be made available to each boat before a race begins. 25.2 The meanings of the visual and sound signals stated in Race Signals shall not be changed except under rule 86.1(b). The meanings of any other signals that may be used shall be stated in the notice of race or sailing instructions.

25.3 When the race committee is required to display a flag as a visual signal, it may use a flag or other object of a similar appearance.

- 27. OTHER RACE COMMITTEE ACTIONS BEFOR THE STARTING SIGNAL 27.1 No later than the warning signal, the race committee shall signal or otherwise designate the course to be sailed if the sailing instructions have not stated the course, and it may replace one course signal with another and signal that wearing personal flotation devices is required (display flag Y with one sound).
 - 27.2 No later than the preparatory signal, the race committee maymove a starting mark.
 - 27.3 Before the starting signal, the race committee may for anyreason postpone (display flag AP, AP over H, or AP over A, with two sounds) or abandon the race (display flag N over H, or N over A, with three sounds).

28. SAILING THE RACE

28.1 A boat shall start, sail the course then finish. While doing so, she may leave on either side a mark that does not begin, bound or end the leg she is sailing. After finishing she need not cross the finishing line completely.

28.2 A boat may correct any errors in sailing the course, provided she has not crossed the finishing line to finish.

29. RECALLS

29.1 Individual Recall

When at a boat's starting signal any part of her hull is on the course side of the starting line or she must comply with rule 30.1 The race committee shall promptly display flag X with one sound. The flag shall be displayed until the hull of each such boat has been completely on the pre-start side of the starting line or one of its extensions, and until all such boats have complied with rule 30.1 if it applies, but no later than four minutes after the starting signal or one minute before any later starting signal, whichever is earlier. If rule 29.2, 30.3 or 30.4 applies this rule does not.

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29.2 General Recall

When at the starting signal the race committee is unable to identify boats that are on the course side of the starting line or to which rule 30 applies, or there has been an error in the starting procedure, the race committee may signal a general recall (display the First Substitute with two sounds). The warning signal for a new start for the recalled class shall be made one minute after the First Substitute is removed (one sound), and the starts for any succeeding classes shall follow the new start.

30. STARTING PENALTIES

30.1 I Flag Rule

If flag I has been displayed, and any part of a boat's hull is on the course side of the starting line or one of its extensions during the last minute before her starting signal, she shall sail across an extension so that her hull is completely on the pre-start side before she starts

30.2 Z Flag Rule

If flag Z has been displayed, no part of a boat's hull shall be in the triangle formed by the ends of the starting line and the first mark during the last minute before her starting signal. If a boat breaks this rule and is identified, she shall receive, without a hearing, a 20% Scoring Penalty calculated as stated in rule 44.3(c). She shall be penalised even if the race is restarted or re sailed, but not if it is postponed or abandoned before the starting signal. If she is similarly identified during a subsequent attempt to start the same race, she shall receive an additional 20% Scoring Penalty.

30.3 U Flag Rule

If flag U has been displayed, no part of a boat's hull shall be in the triangle formed by the ends of the starting line and the first mark during the last minute before her starting signal. If a boat breaks this rule and is identified, she shall be disqualified without a hearing, but not if the race is restarted or re-sailed.

30.4 Black Flag Rule

If a black flag has been displayed, no part of a boat's hull shall be in the triangle formed by the ends of the starting line and the first mark during the last minute before her starting signal. If a boat breaks this rule and is identified, she shall be disqualified without a hearing, even if the race is restarted or re-sailed, but not if it is postponed or abandoned before the starting signal. If a general recall is signalled or the race is abandoned after the starting signal, the race committee shall display her sail number before the next warning signal for that race, and if the race is

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restarted or re-sailed she shall not sail in it. If she does so, her disqualification shall not be excluded in calculating her series score.



